Coverage For: Individual + Family Plan Type: HDHP

# Nidec Motor Corporation – Global HSA

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-783-2197 or visit us at AlabamaBlue.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.bcbsal.org/sbcglossary/ or call 1-800-292-8868 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,800 self only coverage/\$5,600 family coverage in-network. \$5,600 self only coverage/\$11,200 family coverage out-of-network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive services innetwork are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductible</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For in-network \$6,400 self only coverage/\$12,800 family coverage.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover, cost sharing for most out-of-network benefits and precertification penalties.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>AlabamaBlue.com</u> or call 1-800-810-BLUE for a list of network providers.	This <u>plan</u> uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the <u>plan</u> 's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	20% coinsurance	50% coinsurance	None	
	Specialist visit	20% <u>coinsurance</u>	50% <u>coinsurance</u>		
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No Charge No overall deductible	Not Covered	Please visit AlabamaBlue.com/preventiveservices; additional services are available. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	Benefits listed are physician services; facility benefits are also available; precertification may	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	be required	
If you need drugs to treat your illness or condition	Tier 1 Drugs	20% <u>coinsurance</u> (retail) 20% <u>coinsurance</u> (mail order)	Not Covered	Prior authorization required for specific drugs; Tier 1 preventive drugs covered at 100%, no copay or deductible per 30 day supply	
More information about prescription drug	Tier 2 Drugs	20% <u>coinsurance</u> (retail) 20% <u>coinsurance</u> (mail order)	Not Covered	Prior authorization required for specific drugs	
coverage is available at AlabamaBlue.com/phar macy	Tier 3 Drugs	20% <u>coinsurance</u> (retail) 20% <u>coinsurance</u> (mail order)	Not Covered	Prior authorization required for specific drugs	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	In Alabama, out-of-network not covered	
surgery	Physician/surgeon fees	20% coinsurance	50% coinsurance	None	
If you need immediate medical attention	Emergency room care	Accident: 20% coinsurance Medical Emergency: 20% coinsurance	Accident: 20% coinsurance Medical Emergency: 20% coinsurance	Physician charges will apply; higher patient responsibility for non-medical emergencies; subject to in-network overall deductible	
	Emergency medical transportation	20% coinsurance	20% coinsurance	None	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <u>AlabamaBlue.com</u>.

Common	Services You May Need	What Yo Network Provider	u Will Pay Out-of-Network Provider	Limitations, Exceptions, & Other Important
Medical Event		(You will pay the least)	(You will pay the most)	Information
	Urgent care	20% coinsurance	50% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	In Alabama, out-of-network benefits are only available for accidental injury and medical emergency; precertification is required
	Physician/surgeon fees	20% <u>coinsurance</u>	50% coinsurance	None
If you need mental	Outpatient services	20% coinsurance	50% coinsurance	Benefits listed are physician services;
health, behavioral health, or substance abuse services	Urgent care  In a hospital  In patient services  Outpatient services  Outpatient services  Inpatient services  Office visits Childbirth/delivery professional services  Childbirth/delivery facility services  Home health care Rehabilitation services  Skilled nursing care Durable medical equipment Hospice services  Children's elasses  Children's elasses	20% coinsurance	50% coinsurance	additional benefits are available; precertification is required for intensive outpatient, partial hospitalization and inpatient hospitalization
	Office visits	20% coinsurance	50% coinsurance	Cost sharing does not apply for preventive
If you are pregnant	• •	20% coinsurance	50% coinsurance	services. Depending on the type of services, a copayment, coinsurance or deductible may
you allo programm	, ,	20% coinsurance	50% coinsurance	apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound)
	Home health care	20% coinsurance	50% coinsurance	Precertification is required; benefits are available for home infusion services
	Rehabilitation services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Unlimited visits/year; includes occupational,
If you need help recovering or have other special health	Habilitation services	20% coinsurance	50% coinsurance	physical and speech therapy; no age or visit limitations for members with an autistic diagnosis
needs	Skilled nursing care	20% <u>coinsurance</u>	50% coinsurance	Precertification is required
	Durable medical equipment	20% <u>coinsurance</u>	50% coinsurance	None
	Hospice services	20% coinsurance	50% coinsurance	Precertification is required; services must be authorized by a physician
Maring abild and de	Children's eye exam	Not covered except as required by Health Care Reform	Not Covered	Please visit AlabamaBlue.com/preventiveservices
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	Not covered; member pays 100%
	Children's dental check-up	Not covered except as required by Health Care Reform	Not Covered	Please visit AlabamaBlue.com/preventiveservices

 $<sup>^{\</sup>star}$  For more information about limitations and exceptions, see the plan or policy document at  $\underline{AlabamaBlue.com}$ .

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Cosmetic surgery	Hearing aids	Routine eye care (Adult)	
Dental care (Adult)	<ul> <li>Long-term care</li> </ul>	<ul> <li>Routine foot care</li> </ul>	
Glasses, child	<ul> <li>Private-duty nursing</li> </ul>	Weight loss programs	

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture (Limitations may apply)

Chiropractic care (Limitations apply)

• Non-emergency care when traveling outside the U.S.

- Bariatric surgery (Only for morbid obesity in limited circumstances)
- Infertility treatment (Assisted Reproductive Technology not covered)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform.">www.dol.gov/ebsa/healthreform.</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Your plan administrator at the phone number listed in your benefit booklet. You may also contact Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet Minimum Value Standards? Yes

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at AlabamaBlue.com.

### **About these Coverage Examples:**



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Limits or exclusions

The total Peg would pay is

**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The <u>plan's</u> overall <u>deductible</u> ■ <u>Specialist copay/coinsurance</u> ■ Hospital (facility)	\$2,800 \$0/20%	■ The plan's overall deductible ■ Specialist copay/coinsurance ■ Hospital (facility)	\$2,800 \$0/20%	■ The <u>plan's</u> overall <u>deductible</u> ■ <u>Specialist</u> <u>copay/coinsurance</u> ■ Hospital (facility)	\$2,800 \$0/20%
copay/coinsurance  Other copay/coinsurance	\$0/20% \$0/20%	copay/coinsurance  Other copay/coinsurance	\$0/20% \$0/20%	copay/coinsurance  Other copay/coinsurance	\$0/20% \$0/20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Limits or exclusions

The total Joe would pay is

\$60

\$4,820

Prescription drugs

Durable medical equipment (glucose meter)

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

Limits or exclusions

The total Mia would pay is

\$40

\$3.350

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
n this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$2,800	Deductibles	\$2,800	Deductibles	\$2,800
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$1,960	Coinsurance	\$510	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>AlabamaBlue.com</u>.

\$0 \$2.800